



Government of Western Australia
Department of Transport

**your
move**
more ways to get there

Champion's Guide



Welcome to Your Move Schools

Your Move Schools is a free program that supports students to walk, wheel, ride and catch public transport more often for the school journey. Your Move offers teaching resources, expert advice and access to funding and rewards to encourage schools to use active and sustainable transport options.

Benefits to your school:

An inclusive accreditation system that encourages whole-school engagement

Increased student autonomy, responsibility and resilience

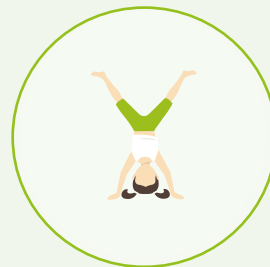
Professional Development opportunities for teachers



Curriculum-linked lesson plans teaching sustainability and how it relates to students' own lives



Access to Your Move resources, rewards, grants and other funding initiatives*



Increased physical activity for students, leading to positive learning and health outcomes



Reduced car-based congestion at school peak times

* Eligibility requirements apply to be able to access grants and other funding initiatives.

Who can join?

Your Move Schools is a free program and is open to any school or educational facility for children in Western Australia. Our member schools range from K-12 and are located throughout the Perth metropolitan and WA regional areas.

Member schools are required to conduct a Hands Up Survey of students' travel behaviour at the start and end of every year.

Role of a Your Move Champion

As a Your Move Champion, you have an opportunity to engage with your school community and deliver fun and meaningful initiatives that will improve health and wellbeing.

The Champion's role is to:

- be the Your Move contact for the school
- encourage students, families and fellow staff to get more active for the school trip.
- create a team to help coordinate Your Move activities
- advocate for active travel
- coordinate stories to post on the Your Move website.

School team

Share the workload and the fun by creating a Your Move School Team to help plan and earn points for completing activities, submitting Hands up Surveys and writing stories to report on your progress.

The team can include students, teachers, principals, deputies, parents, community members and local government officers. Make sure you invite one or two others to be registered as champions on the website, so that they are able to share the load.

School community

Ultimately, the aim of Your Move Schools is to get more students riding their bikes, walking, scooting and using public transport to get to and from school.

The Your Move team are here to help

To support your school along the Your Move journey, the Your Move team at the Department of Transport will:

- offer expert advice in travel behaviour change;
- conduct a one-on-one onboarding phone call and on-going support;
- send regular eNews and updates and stories from the program;
- offer a huge range of *Reward Shop* items for running activities and supporting active travel at your school;
- offer Professional Development opportunities with funding available for teacher relief.

Top tip:

Check out our resources for a huge range of activities, lesson plans and events you can run at your school to get your students moving.

yourmove.org.au/resources



How does it work?

Your Move Schools supports participants through the Your Move website, to:



Every Your Move journey is different, depending on the goals of each school.

As the Your Move Champion, you can work with your team to decide what activities are a good fit for your school community and create a plan for the year.

Ideas to get you started

- Do a *Hands Up Survey* to measure your progress with Your Move.
- Download the *Communications and Media Kit* with content and tiles to promote Your Move.
- Complete the lesson plan, *Map My Journey to School*.
- Run and promote a regular active travel day like *Fume Free Fridays* or *Wheels on Wednesday*.
- Start a regular *Walking School Bus*.
- Invite Transperth for an incursion to teach students about catching public transport.

By completing activities and posting stories about them on the Your Move website, you earn points which accumulate through the accreditation levels:

- Bronze (100-299 points)
- Silver (300-599 points)
- Gold (600-999 points),
- Platinum (1,000-1499);
- Double Platinum (1,500+ points).

Points can also be redeemed for rewards which can be used to encourage further active travel to school.

Top tip:

Silver accreditation or above earns eligibility to apply for **Connecting Schools Grant** funding, which can be used for items such as bike education, or bike and scooter racks.

Where do I start?

Explore and familiarise yourself with the Your Move website as it will play a key role in facilitating your successful Your Move journey.

In particular make sure you:

- Connect, share and see what others are doing by reading their stories. Write your first story, introducing yourself and your school. Write about why you have joined Your Move, what you hope to achieve and share a photo. You will immediately start earning points!
- Check out the *Activity Planner* page, which has a comprehensive list of activities that schools can add to each Term, then implement.
- Take a look at the *Resources page*. Here you will find active travel lesson plans and how to guides written by our expert team that are sure to inspire you to get your school moving.
- Browse the *Your Move Rewards Shop*. Each item has been carefully selected as a reward and encouragement for active travel. You'll see how many points are required for each item and you can add items to your 'Wishlist' to help plan your goals for the year.

How to videos:

To learn how to use each part of the website, watch our how to videos on the resources page or on the link below:

yourmove.org.au/news/new-how-to-videos-launched

After signing up and being onboarded to the program by a Your Move team member, the next steps on the Your Move journey are:

Step 1

Discover how your school moves

Find out how students currently get to school with a short '*Hands up survey*'. The results provide a benchmark, helping you to track your schools' progress.

Create new survey

Helps your school to find out more about how students get to and from school today. It's best to do this two times a year – term one and term four. Remember to choose a non-event day so that the results reflect a normal school day.

[Use previous template](#)

Survey name:

Organisation: Trebby Primary School
Survey Type: Hands Up Survey
Date: October 15, 2023

Class/Year	Bike/scooter/skated	Bus/Train	Walked	Car
Year 5	12	11	25	6
Year 4	5	6	16	22
Year 3	2	10	10	27

[+ Add class row](#)

Total number of students: 152
Calculated from the total numbers entered above.

Important.

- Don't alert students of the survey in advance
- Survey all classrooms on the same date
- Get a response from all students present on survey day (except the Kindy and pre-primary kids)

If you haven't got access to a mobile device that you can take around to each classroom, you can download a pdf version of the survey here, print it out and come back here later to enter in the results!

Save as new survey template

Draft Auto Saved at 2:35pm today ✓

Hands up surveys are a key requirement of the Your Move Schools program and must be done at the beginning and end of each year.

Completing surveys will help your school earn points and track changes in student travel behaviour over time. They can also be rolled out as often as you like, such as before and after an activity or event day.

Step 2

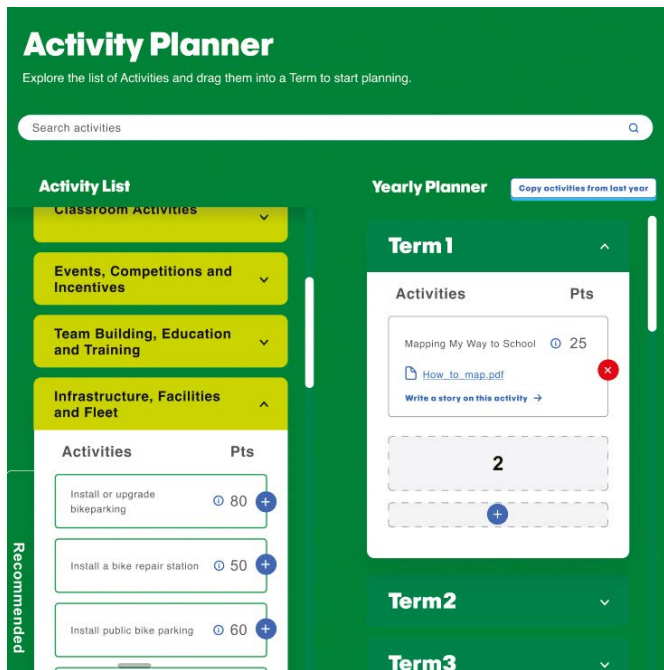
Grow your team

Share the fun by getting others in your school community involved. Students love the opportunity to run their own activities, post stories and earn points for their efforts. Having a mix of parents, teachers, a deputy and student leaders makes a winning combination.

Step 3

Choose activities

Build an active community and inspire new habits by selecting from some of our tried and tested activities or design your own! Our resources page has lesson plans that align to the WA curriculum, event suggestions and *How to guides* that can help get your school moving.



Step 4

Share stories

Sharing your stories is a core part of Your Move. It inspires other schools in the Your Move community and most importantly, earns you points and builds your school's annual accreditation level.

The points you earn for writing a story and linking it to an activity you have completed can be spent in the Your Move Rewards shop. Activities are awarded points depending on their effort and impact.

To earn maximum points:

- Include lots of details of how you went about your event, competition, activity or initiative – this helps others learn from your experiences!
- Share photos or YouTube videos that show what you did – this can be of planning sessions, competition entries and event day fun.
- Reflect on the lessons you learnt along the way - what did and didn't work.
- Highlight observations of changes in travel culture using survey results.
- Share anything you have created, such as action plans, lesson plans, art work or quiz questions.
- Share a story of an event you are planning and then post again once you've completed the event to let us know how it went, what you learnt and how you could do it better next time.

For instructions of how to post your story see:

yourmove.org.au/resources/how-to-write-a-story

Top tip:

Innovative activities that think outside the box will earn bonus points!



Step 5

Get rewards

Every time you complete an activity, submit a survey, or post a story, your school will earn points to redeem in our online *Rewards shop*. There are a variety of rewards that will help motivate students to be more active.

your move
more ways to get there

Search [] Notifications [5] Trevor [v]

Home / Rewards shop

Rewards shop

429 Reward points available

Search rewards [] Filter [] View cart []

- 15 points
Book- The Boy Who Biked the World - Part 1 - On the Road to Africa
Wishlist []
Details [] Add to cart []
- 15 points
Book- The Boy Who Biked the World - Part 2 - Riding the Americas
Wishlist []
Details [] Add to cart []
- 15 points
Book- The Boy Who Biked the World - Part 3 - Riding home through...
Wishlist []
Details [] Add to cart []
- 30 points
Minipump Azur
Wishlist []
Details [] Add to cart []
- 30 points
Azur Tornado Mini Pump
Wishlist []
Details [] Add to cart []
- 30 points
Light set Azur
Wishlist []
Details [] Add to cart []
- 15 points
Book- The Boy Who Biked the World - Part 1 - On the Road to Africa
Wishlist []
Details [] Add to cart []
- 15 points
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Minipump Azur
Wishlist []
Details [] Add to cart []

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With your school team, plan how you will accumulate points by deciding what activities you want to complete over the year, as well as how you will redeem the points you earn.

You can view how many points your school has accumulated on the *Dashboard*. Reward points earned in a calendar year will expire at the end of the following calendar year, but don't worry, we'll send you a reminder!

For more information on the difference between reward points and accreditation points visit:

yourmove.org.au/how-reward-points-and-accreditation-works.

Step 6

Keep going!

Use your rewards to build momentum and implement further activities to encourage active travel at your school. Start small with activities that create easy wins and require minimal resources and time. This will get the school and students excited about Your Move.

Top tip:

Spending your points in the **Rewards Shop** does not affect your accreditation level!

yourmove 113 Points (Platinum)

Home / Dashboard 887 accreditation points

Dashboard

White Gum Valley Primary School
[Visit Profile page](#)

Welcome to your new Dashboard
 Hi welcome to your new Dashboard! There's all sorts of cool stuff to check out like how many reward points you've got, your accreditation level, stories, surveys and reports, the leaderboard and our amazing new Activity planner - Enjoy!
[Download Champions guide](#)

Reward points
887 total reward points earned this year

429
Reward points you can spend

[Reward shop](#)

Current accreditation
887 Accreditation points (113 points (Platinum))

School activity snapshots

This year

26 Stories posted [Write a story](#)

3 Surveys submitted [Submit a survey](#)

Start of your survey not yet submitted

[Close items](#)

69 Activities completed (out of 100)

Top stories

Points awarded: 200

Jane Doe
Teacher 2023
Treby Primary School

Lorem ipsum dolor sit amet

[Read more](#) [Bookmark](#)

Points awarded: 200

Jane Doe
Teacher 2023
Treby Primary School

Lorem ipsum dolor sit amet

[Read more](#) [Bookmark](#)

Points awarded: 200

Jane Doe
Teacher 2023
Treby Primary School

Lorem ipsum dolor sit amet

[Read more](#) [Bookmark](#)

[View all stories](#)

Leaderboard

as of 00/00/0000

Search for a school [Filter](#)

1.		St Francis of Assisi Catholic Primary School	4200
2.		Phoenix Primary School	4000
3.		Treby Primary School	3800
4.		Neerigen Brook Primary School	3600
5.		Wembro Primary School	3400
6.		St Augustine's School	3200
7.		Craigie Heights Primary School	3000
8.		Neerigen Brook Primary School	2800
9.		Orella Primary School	2600
10.		Rockingham Montessori School	2400
25.		White Gum Valley Primary School	887

[View full leaderboard](#)

New to Your Move? Check out our 'Getting started guide' for tips and tricks for planning Your Move

[Download now](#)

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Example Your Move journey

Your Move journeys are all different, and depend on the resources available at the school as well as the particular interests and goals of that school community. The following is an example of a journey a school might take over a year to reach Silver Accreditation.

Silver - Your Move journey

Complete Activity	Points
Start of Year Hands Up Survey	50
Post about goal of reaching Silver with list of actions	15
Write an article in your school newsletter	25
Share a story about Your Move on social media or website	10
Include Your Move as an assembly item	25
Promote Your Move on school website or parent handbook	22
Create a suggestions box to promote active or public transport	15
Hold a strategic Your Move planning session	15
Run a colouring-in competition	22
Lesson Plan: Class collage	25
Class activity: School infrastructure audit	40
Bonus Story points for photos and detailed content (estimated)	40
TOTAL (300 points = Silver level)	304

Bonus points can be earned when posting stories, by sharing photos, any statistics, adding detailed content, reflections, and talking about any innovations you implemented.

Gold - Your Move journey

Complete Activity	Points
Start of Year Hands Up Survey	50
Write an article in your school newsletter T1,T2 and T3	75
Share a story about Your Move on social media or website T1,T2 and T3	30
Include Your Move as an assembly item T1,T2 and T3	75
Run an active travel event at your school (National Ride to School Day)	40
Run an active travel event at your school (National Walk Safely to School Day)	40
Promote Your Move on school website or parent handbook	25
Suggest path improvements to Local Government	30
Hold a strategic Your Move planning session T1,T2 and T3	45
Run an active travel rewards campaign T1,T2 and T3	150
Lesson Plan: Local transport, global impact	25
Bonus Story points for photos and detailed content (estimated)	40
TOTAL (600 points = Gold level)	625

More information

The Department of Transport acknowledges the Traditional Custodians throughout Western Australia and their continuing connection to the land, waters and community. We pay our respects to all members of the Aboriginal communities and their cultures, and to Elders both past and present.

The information in this brochure is provided in good faith, however the accuracy or appropriateness of the information is not guaranteed.

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Contact us

If you're stuck for ideas or need more information about Your Move Schools head to yourmove.org.au or get in touch with our travel behaviour change experts:

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