



Government of **Western Australia**
Department of Transport



Champion's Guide



Welcome to Your Move Schools

Your Move Schools is a community-focused program that supports schools and students to use active and sustainable transport options to and from school more often. Your Move offers teaching resources, expert advice and access to funding and rewards to encourage the school community to use bikes, walking, public transport and scooters to get to school safely.

Benefits to your school community include:

Increased student autonomy, responsibility and resilience

An inclusive accreditation system that encourages whole-school engagement

Professional Development opportunities for teachers



Curriculum-linked lesson plans teaching sustainability and how it relates to students' own lives



Access to Your Move resources and Connecting Schools funding opportunities



Increased physical activity for students, leading to positive learning and health outcomes



Reduced car-based congestion at school peak times

Who can join?

Your Move Schools is a free program and is open to any school or educational facility for children in Western Australia. Our member schools range from K-12 and are located throughout the Perth metropolitan and WA regional areas.

Member schools are required to conduct a Hands Up Survey of students' travel behaviour at the start and end of every year.

Who to get involved?

What are the requirements?

Champion

The Champion's role is to:

- Be the Your Move contact for the school
- Create a team to help coordinate Your Move activities
- Advocate for active travel
- Coordinate stories to post on the Your Move website.

School team

Share the workload and the fun by creating a Your Move School Team to help plan and run events, write stories to report on your progress and earn points for completing activities. The team can include students, teachers, principals, deputies, parents, community members and local government officers. Make sure you invite one or two others to be listed on the website, so that they are able to access resources, track progress and share the load of writing stories.

School community

Ultimately, the aim of Your Move Schools is to get more students riding their bikes, walking, scooting and using public transport to get to and from school. Check out our resources for a huge range of activities and events you can run at your school to get your students moving.

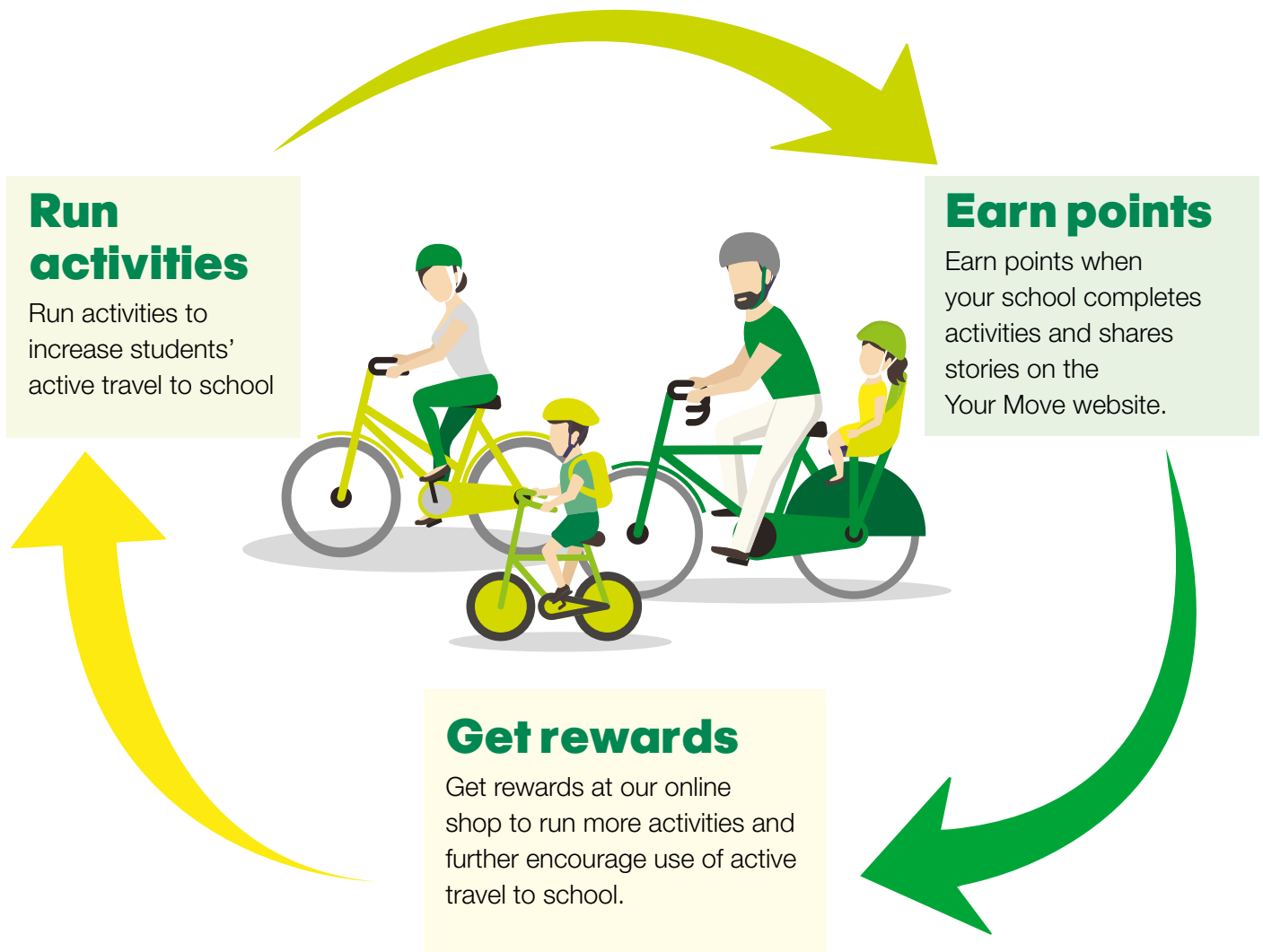
Your Move at the Department of Transport

- Your Move offers expert advice in travel behaviour change, with support including:
 - One-on-one induction phone call and on-going support
 - Regular eNews and updates and stories from the program
 - A huge range of resources for running activities and supporting active travel available on the website
 - Professional Development days and active travel forums with funding available for teacher relief
 - Access to rewards including Connecting Schools bonus funding upon reaching Silver accreditation.



How does it work?

Your Move Schools supports participants through our award winning Your Move website, to:



Every Your Move journey is different, depending on the goals of each school.

As the Your Move Champion, you can work with your team to decide what activities are a good fit for your school community and create a plan for the year.

Activities a school might undertake include:

- Classroom activities like mapping students' routes to school
- Creating a regular Walking School Bus
- Promoting weekly active travel days.

As activities are completed and your team post stories about them on the Your Move website, you earn points which accumulate through the accreditation levels:

- Bronze (100-299 points)
- Silver (300-599 points)
- Gold (600-999 points),
- Platinum (1000-1499); and
- Double Platinum (1500+ points). Points can be redeemed for rewards which can be used to encourage further active travel to school.

Silver accreditation and above unlocks bonus Connecting Schools Grant funding, which can be used for items such as bike education and scooter racks.

Where do I start?

Take some time to familiarise yourself with the Your Move website as it will play a key role in facilitating your successful Your Move journey.

In particular make sure you:

- Connect, share and see what others are doing by reading their stories. Write your first story, introducing yourself and your school. Write about why you have joined Your Move, what you hope to achieve and share a photo. You will immediately start earning points!
- Check out our goal setting resources. The activities planner has a comprehensive list of activities that schools can implement.
- Make use of the resources page. Here you will find active travel fact sheets guides written by our expert team that are sure to inspire you to get your school moving.
- Have a look through the Your Move Rewards shop. Shop items have been selected as rewards and encouragement for active travel. You'll notice how many points are required for each item. Keep this in mind when planning your goals for the year.

After signing up and being welcomed to the program by a Your Move team member, the next steps on the Your Move journey are:

Step 1

Discover how your school moves

Find out how students are currently getting to school with a five-minute class 'Hands Up' travel survey. The survey results provide a benchmark which enables you to track your progress and promote your achievements to the whole school community.

The screenshot shows the 'Create new survey' page on the Your Move website. The page has a blue header with the 'yourmove' logo and a search bar. A sidebar on the left contains navigation links: Your Dashboard, Stories, Leaderboard, Activity Planner, Surveys & reports (highlighted), Rewards shop, News, White Surf Valley, How it works, Resources, and Journey planner. The main content area is titled 'Create new survey' and includes instructions: 'Help your school to find out more about how students get to and from school today. It's best to do this two times a year - term one and term four. Remember to choose a non-event day so that the results reflect a normal school day.' Below this are several form fields: 'Survey name' (filled with 'Tresty Primary School Term 4 HUS'), 'Organisation' (filled with 'Tresty Primary School'), 'Survey Type' (filled with 'Hands Up Survey'), and 'Date' (filled with 'October 15, 2023'). A 'Use previous template' button is also present. A table for entering student numbers is shown with columns for 'Class/Year', 'Bike/scooter/skated', 'Bus/Train', 'Walked', and 'Car'. The table contains data for Year 5, Year 4, and Year 3. Below the table, it states 'Total number of students: 152' and 'Calculated from the total numbers entered above.' There is an 'Important' section with bullet points: 'Don't alert students of the survey in advance', 'Survey all classrooms on the same day', and 'Get a response from all students present on survey day (except the Nursery and pre-primary kids)'. A note mentions that if you have a mobile device, you can take the survey to each classroom. At the bottom, there is a 'Save as new survey template' checkbox (checked), a 'Print Auto Saved at 2:58pm today' status, and 'Submit' and 'Save on Draft and exit' buttons. The footer contains copyright information and social media icons.

Class/Year	Bike/scooter/skated	Bus/Train	Walked	Car
Year 5	12	11	25	6
Year 4	5	6	16	22
Year 3	2	10	10	27

Hands Up surveys are the only requirement of the Your Move Schools program and must be done at the beginning and end of each year.

They help you earn points for your school, help track changes in student behaviour over time and can be done as often as you like, such as before and after and activity or event to see what effect it had on student travel behaviour.

Step 2

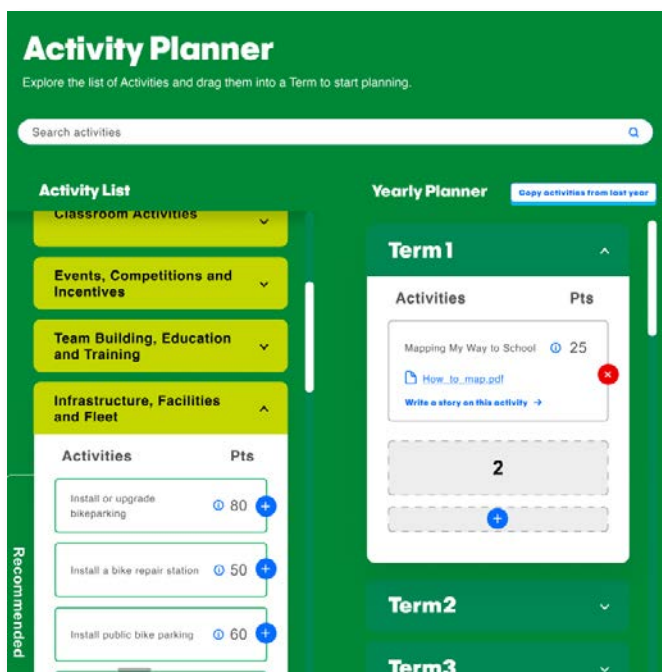
Grow your team

Share the fun by getting others in your school community involved. Students love the opportunity to run their own activities, post stories and earn points for their efforts. Having a mix of parents, teachers, a deputy and student leaders makes a winning combination.

Step 3

Choose activities

Build an active community and inspire new habits by selecting from one of our tried and tested activities or design your own! Our resources page has classroom lesson plans that align to the WA curriculum, event suggestions and fact sheets on a range of infrastructure and school policy improvements that can help get your school moving.



Step 4

Share stories

Sharing your stories is a core part of Your Move it inspires other schools in the Your Move community and most importantly earns you points to spend in the Your Move Rewards shop on items to keep your school moving.

Writing a story and linking it to an activity (you will be prompted to do so) will earn you points automatically. Activities are awarded points depending on their effort and impact.

To earn maximum points make sure you include:

- Lots of details of how you went about your event, competition, activity or initiative – this helps others learn from your experiences!
- Photos (and videos) that show what you did – this can be of planning sessions, competition entries and all the action on the day.
- Reflections on the lessons you learnt along the way - what did and didn't work.
- Observations of changes of travel culture. E.g. stories or results and data.
- Share anything you have created, such as action plans, lesson plans, art work or quiz questions.
- Innovative activities that think outside the box will earn bonus points.

Share a story of an event you are planning and then post again once you have completed the event to let everyone know how it went, what you learnt and how you could do it better next time.

For detailed instructions of how to post your story online see yourmove.org.au/resources/how-to-tell-your-story/.



Step 5

Get rewards

Every time you complete an activity and post a story, your school will earn points to be redeemed in our online Rewards shop. We have a variety of rewards that will help motivate students to be more active:

The screenshot displays the 'your move' Rewards shop interface. At the top left is the 'your move' logo with the tagline 'more ways to get there'. A search bar is located at the top center, and a 'Notifications' bell icon with a red badge and a user profile 'Trevor' are at the top right. Below the header is a blue navigation bar with 'Home / Rewards shop'. A left sidebar contains a menu with icons and labels: 'Your Dashboard', 'Stories', 'Leaderboard', 'Activity Planner', 'Surveys & reports', 'Rewards shop' (highlighted), 'News', 'White Gum Valley' (with a dropdown arrow), 'How it works', 'Resources', and 'Journey planner'. The main content area is titled 'Rewards shop' and shows '429 Reward points available'. It features a search bar for rewards, a 'Filter' button, and a 'View cart' button. The rewards are displayed in a grid of 16 items, each with an image, a point value, a title, a 'Wishlist' button, and 'Details' and 'Add to cart' buttons. The items include three copies of 'Book- The Boy Who Biked the World - Part 1 - On the Road to Africa' (15 points), three copies of 'Book- The Boy Who Biked the World - Part 2 - Riding the Americas' (15 points), three copies of 'Book- The Boy Who Biked the World - Part 3 - Riding home through...' (15 points), and four copies of 'Minipump Azur' (30 points). Additionally, there are 'Azur Tornado Mini Pump' (30 points) and 'Light set Azur' (30 points) items. At the bottom of the grid, there are navigation arrows and a page indicator showing '1' of 5 pages. The footer contains 'wa.gov.au', 'Copyright © 2023 Your Move', and links for 'Terms of use', 'Privacy', 'Accessibility', 'Contact Us', 'About Your Move', and 'FAQs'. Social media icons for Instagram, Facebook, and YouTube are also present, along with a 'Print this page' button.

With your school team plan how you will earn your points by deciding what activities you want to complete over the year, as well as how you will redeem them. Do you want to aim small and use your points sooner for rewards such as stickers and drink bottles to use for prizes, or do you plan to accumulate enough points to redeem them for bike education or new bike and scooter storage?

You can view how many points you have accumulated on the dashboard page of the Your Move website. Reward points earned in a calendar year will expire at the end of the following calendar year, but don't worry, we'll send you a reminder!

Remember - spending your reward points during the year doesn't affect your accreditation level!

For more information on the difference between reward points and accreditation points visit yourmove.org.au/how-reward-points-and-accreditation-works.

Step 6 Keep going!

Use your rewards to build momentum and implement further activities at your school. Build through the levels; start with activities that create easy wins and require minimal resources and time. This will get the school and students understanding and excited about Your Move.

The screenshot shows the 'yourmove' dashboard for White Gum Valley Primary School. The page is divided into several sections:

- Dashboard Header:** Includes the school name, a search bar, and a 'Treasure' icon.
- Welcome Message:** A message welcoming the user to the dashboard and providing instructions on how to check reward points.
- Reward points:** A card showing 429 reward points earned this year, with a 'Reward shop' button.
- Current accreditation:** A card showing 113 accreditation points (113 points of Platinum) with a progress indicator.
- School activity snapshots:** A section showing 26 shares posted and 3 surveys submitted. It includes a 'Write a story' and 'Submit a survey' button.
- Top stories:** A section displaying three featured stories by 'Jane Doe' from 'White Gum Valley Primary School'.
- Leaderboard:** A table listing the top 10 schools by points, with 'White Gum Valley Primary School' at the bottom of the list with 887 points.
- Footer:** A green banner for 'New to Your Move? Check out our 'Getting started guide' for tips and tricks for planning Your Move' and a footer with copyright information.

Rank	School Name	Points
1.	St Francis of Assisi Catholic Primary School	4200
2.	Phoenix Primary School	4000
3.	Trevo Primary School	3800
4.	Neeragen Brook Primary School	3600
5.	Wimbly Primary School	3400
6.	St Augustine's School	3200
7.	Cragside Heights Primary School	3000
8.	Neeragen Brook Primary School	2800
9.	Orisk Primary School	2600
10.	Rockingham Montessori School	2400
25.	White Gum Valley Primary School	887

Example Your Move journey

Successful Your Move journeys are all different, and depend on the resources available at the school as well as the particular interests and goals of that school community. The following is an example of a journey a school might take over a year to reach Silver Accreditation, the level required for access to additional Connecting Schools funding, which is available to participating Western Australian Your Move Schools, and aims to improve their bike access, skills and infrastructure. For more information see the [Connecting Schools Grant page](#).

Silver - Your Move Journey

Complete Activity	Points
Start of Year Hands Up Survey	50
Post about goal of reaching Silver with list of actions	15
Write an article in your school newsletter	25
Share a story about Your Move on social media or website	10
Include Your Move as an assembly item	25
Promote Your Move on school website or parent handbook	22
Create a suggestions box to promote active or public transport	15
Hold a strategic Your Move planning session	15
Run a colouring-in competition	22
Lesson Plan: Class collage	25
Class activity: School infrastructure audit	40
Bonus Story points for photos and detailed content (estimated)	40
TOTAL (300 points = Silver level)	304

Bonus points can be earned when posting stories, by sharing photos, any statistics, adding detailed content, reflections, and talking about any innovations you implemented.

Gold - Your Move Journey

Complete Activity	Points
Start of Year Hands Up Survey	50
Write an article in your school newsletter T1,T2 and T3	75
Share a story about Your Move on social media or website T1,T2 and T3	30
Include Your Move as an assembly item T1,T2 and T3	75
Run an active travel event at your school (National Ride to School Day)	40
Run an active travel event at your school (National Walk Safely to School Day)	40
Promote Your Move on school website or parent handbook	25
Suggest path improvements to Local Government	30
Hold a strategic Your Move planning session T1,T2 and T3	45
Run an active travel rewards campaign T1,T2 and T3	150
Lesson Plan: Local transport, global impact	25
Bonus Story points for photos and detailed content (estimated)	40
TOTAL (600 points = Gold level)	625

Some activities to inspire Your Move

There are many ways to be involved in the Your Move Schools program. Activities you might like to undertake with students to get them moving include:

- Start and End of Year Hands Up Surveys to measure your progress with Your Move.
- Placing stencil art on with paint or chalk on paths around your school as reminders that your school is an easy walking and riding distance from home. This activity can also be used to mark official 'Safe Routes to School'.
- Helping students to create a personal map of their journey to school.
- Run a regular active travel day like Fume Free Fridays.
- Get the class walking with a Walk Around Australia classroom activity.
- Conducting a school infrastructure audit so you know what resources you already have to support active travel and what could be improved.
- Invite Transperth for an incursion to teach students about catching public transport.

These ideas and more are covered in detail on our Resources page.

Contact us

If you're stuck for ideas or need more information about Your Move Schools head to yourmove.org.au or get in touch with our active travel experts:

Email: yourmove@transport.wa.gov.au

Phone: 08 6551 6040

Address: 140 William Street, Perth WA 6000



**your
move**
more ways to get there

