



# Volunteer Power

## Summary

If you want more kids to walk, ride, scoot and skate to school, you will need help from others around the school. We know that for Your Move teams the winning combination is to have Champion teachers, student leadership teams, and champion parents who are supported by school administration.

Parents of students at your schools will have a great big pool of skills, knowledge and experience that can add greatly to how Your Move inspires change at your school. Tapping into this amazing resource is a must!

## Your Move team roles

Roles could include any of the following:

- **Champion** – a parent or teacher
- **Student team members** – to promote and implement whole school initiatives – click here for some more tips on [student teams](#)
- **Contributor** – anyone social media savvy to share your stories online and earn you points
- **Supporters** – people you can ring in for special events, specific tasks, idea brainstorming
- **Spruikers** – people who can spread the word for you and connect you with others

## Potential candidates

A Your Move volunteer might be a student, teacher, parent, grandparent, aunty, uncle or a community member. They could have an interest in health and fitness, road safety, sustainability, tackling traffic congestion, community building or outdoor play.

## Benefits of team participation

Different people are interested in different benefits. Find out what individuals are interested in, so that together you can work out what they might be interested in coordinating, contributing to or participating in. Benefits could include:

- Building **social** networks in the community (great for new families to the school).
- Professional learning for teachers to meet national curriculum **sustainability** requirements.
- Sense of personal **satisfaction** and pride in making a difference.
- Sense of **belonging** to a team.
- Professional development in **leadership** – this is particularly relevant to teachers interested in progressing to level 3 classification.



- Developing new **skills** or using existing skills, depending on the roles attempted. For example: developing people skills through teamwork, PR & marketing skills (such as media liaison, public speaking, social media), data analysis, policy writing, campaign management, lobbying, or event coordination.

## Recruiting volunteers

### Identify possibilities

#### Coordinators

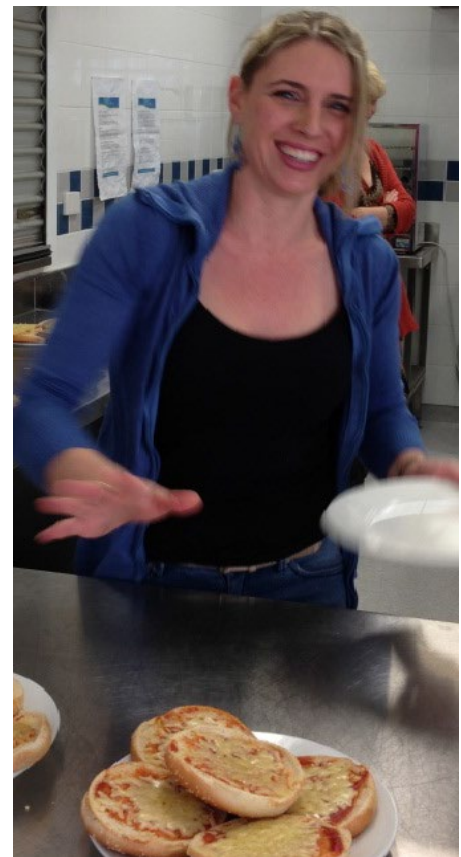
Leadership-ready teachers and parents are ideal coordinators. The best bet is probably to tap someone on the shoulder and have a chat. Deputies can help but due to their workloads are generally limited to coordinating teacher and parent activity. Ideally the school will also have a student team.

#### Parent team members

- Ask the deputy principal, reception staff and P&C reps which parents and staff have relevant interests
- Visit the kindy or pre-primary parents during orientation of information days
- Host a morning tea (ie casual cuppa date) to invite others to meet up and chat about what they would like to see happen – use an assembly, the newsletter and noticeboard to advertise

### Make the invitation personal

Personally asking people face to face is the best way to recruit volunteers! Have a chat about what the person would like to see happen at the school and from being part of the team.



A parent helps out in the canteen