



## Walk, wheel and ride during Birak (December to January)

## It's always a good time to explore nature, whether you walk, wheel or ride to school.

The Noongar calendar has six different seasons, giving you plenty to discover in the great outdoors!

Noongar means 'a person of the south-west of WA,' or the name for the 'original inhabitants of the south-west of WA'. Noongar boodja – country covers the entire south-western portion of WA.

- The Noongar season
- 'Birak' is the hottest time of year,
- traditionally the fire season,
- and is represented by the colour red.

Many baby birds and animals will be exploring their environment during Birak.

Reptiles will be shedding their skin,

and it's also a time for baby frogs to complete their transformation into adulthood.

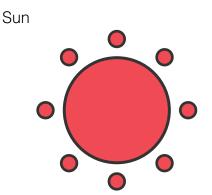


## Can you spot the signs of Birak while walking, wheeling or riding to school?



Australian Christmas Tree (Moojar)





Trees moving in the wind



Adapted content about the Noongar Six Seasons is published with the permission of Kurongkurl Katitjin, Edith Cowan University. Parents can learn more at <u>ecu.edu.au/kk</u>

## What did you find on your journey to school in Birak?

Did you walk, wheel, or ride to school? What did you see? Draw or stick photos of things you saw in the boxes below.



