



Platinum 2025-26 Connecting Schools Grant Case Study

Building active travel confidence – St Michael's School Bassendean

What they did

- Delivered four weeks of AusBike bike education for students in Years 3 to 6.
- Installed a bike repair station and pump on school grounds.
- Organised a Constable Care Road Safety School excursion for Year 1 and Year 4 students.

Why it worked

- Multi-week bike education allowed students to develop and reinforce skills over time.
- Hands-on activities made safety learning practical and engaging.
- Infrastructure improvements supported ongoing bike use beyond the program.
- It linked bike skills with road safety and public transport learning.

What was achieved

- Students gained practical experience in safe riding, bike handling and road awareness.
- Students had repeated opportunities to practise skills and build confidence over four weeks.
- Students and families gained access to on-site bike maintenance facilities.
- Younger students improved road safety awareness through practical learning.

Advice for other schools

- Combine education with infrastructure that supports behaviour change.
- Allow enough time for students to practise, improve and build confidence.
- Look for opportunities to connect bike education with broader road safety and travel learning.
- Use student enthusiasm to build momentum for a stronger active travel culture.

“The Connecting Schools Grant enabled us to create long-lasting improvements to our active-travel culture and provide valuable learning experiences for students.

“Students were energetic, empowered and loved learning new skills through the AusBike sessions.

“Bike education gives students the skills, knowledge and confidence to ride safely and independently.” – Jo Borg, Your Move Champion.



Background

St Michael's used its \$7,500 Platinum grant to deliver a practical and engaging program of active travel initiatives focused on helping students become safer, and more confident independent travellers.

At the centre of the project were four weeks of AusBike bike education sessions for students in Years 3 to 6, giving them structured, hands-on opportunities to develop safe riding habits, bike handling skills and road awareness.

Project description

The project placed bike education at the centre of St Michael's active travel program. Over four weeks, students in Years 3 to 6 completed AusBike sessions designed to build riding confidence, improve control and strengthen awareness of safe behaviours around roads and shared spaces. The sessions were hands-on, energetic and student-focused, helping participants practise skills in a supportive environment before applying them to real-world travel.

To support this learning beyond the sessions, the school installed a bike repair station and pump on school grounds so students and families can keep bikes in good working order. Year 1 and Year 4 students also visited the Constable Care Road Safety School, where they practised public transport use and road safety through an immersive excursion involving train travel, walking as a group and interactive real-life scenarios.

Key steps

- Planned a term of practical active travel initiatives, with bike education as the main focus.
- Delivered four weeks of AusBike bike education sessions for students in Years 3 to 6.
- Built student skills in safe riding, balance, control, bike handling and road awareness.
- Created an energetic and supportive learning environment where students could practise new skills with confidence.
- Installed a bike repair station and pump on school grounds to support ongoing bike maintenance.
- Extended the active travel learning through a Constable Care Road Safety School excursion for Year 1 and Year 4 students.

Outcomes

- Students in Years 3 to 6 gained practical experience in safe riding, bike handling and road awareness.
- The four-week format gave students repeated opportunities to practise, improve and build confidence over time.
- Students responded positively to the AusBike sessions, enjoying the chance to learn new skills in an active and engaging way.
- The bike repair station and pump gave students and families a practical way to keep bikes in good condition.
- The Constable Care excursion reinforced independence and confidence using public transport and navigating real-world road environments.
- The project made riding to school feel safer, more achievable and better supported.

Key takeaways

- A multi-week bike education program gives students time to build confidence, not just learn individual skills.
- Practical riding sessions help students connect safety messages with real movement, decision-making and road awareness.
- Bike education is more effective when supported by simple infrastructure, such as a repair station and pump.
- Combining bike education with public transport and road safety experiences creates a broader active travel learning journey.
- Student enthusiasm is a strong driver for active travel culture, especially when activities are hands-on, social and fun.

Acknowledgements

- St Michael's students and staff for enthusiastically taking part in the four-week AusBike program and broader active travel activities.
- AusBike for delivering practical, engaging and confidence-building bike education sessions.
- Constable Care Road Safety School for supporting immersive road safety learning for younger students.
- Your Move for providing the \$7,500 Connecting Schools Grant and supporting long-lasting improvements to the school's active travel culture.

Read the stories about this project:

- [Grant project completed](#)
- [St Michael's Constable Care visit](#)
- [Bike Education](#)

Students at the Constable Care Safety School

